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## **Behavioral Health Care - Keep this update with your member handbook.**

As of July 1, 2016, YourCare health Plan covers your Behavioral health care, which includes mental health and substance use (alcohol and drugs) treatment and rehabilitation services. All of our members have access to services to help with emotional health, or to help with alcohol or other substance use issues. These services include:

### **Mental Health Care**

- Intensive psychiatric rehab treatment
- Day treatment
- Clinic continuing day treatment
- Inpatient and outpatient mental health treatment
- Partial hospital care
- Rehab services if you are in a community home or in family-based treatment
- Continuing day treatment
- Personalized Recovery Oriented Services
- Assertive Community Treatment Services
- Individual and group counseling
- Crisis intervention services

### **Substance Use Disorder Services**

- Inpatient and outpatient substance use disorder (alcohol and drug) treatment
- Inpatient detoxification services
- Opioid, including Methadone Maintenance treatment
- Residential Substance Use Disorder Treatment
- Outpatient alcohol and drug treatment services Detox services

If you are being treated by a provider licensed by the Office of Mental Health or certified by the Office of Alcohol and Substance Abuse Services for a behavioral health condition that began before July 1, 2016, you can ask to keep your provider for treatment for up to 2 years from July 1, 2016.

### **Important Phone Numbers**

If you have a question about your health care coverage, call Customer Service at 1-800-683-3781 Monday through Friday, 8:00 AM – 6:00 PM (TTY/TDD: 711).  
For help in a behavioral health crisis at any time: 1-844-265-7586